



“How can we increase our awareness on the paradigms of our society, on the underlying complex of assumptions, belief systems, attitudes, feelings and stories?”

Frans Meulmeester

## Master class: Re-discovering the Field

***A Master Class with Frans Meulmeester at Vihula Manor 18<sup>th</sup> to 23<sup>rd</sup> of April 2017***

### **The Field in Theory and Practice**

Understanding the Field of the Client and the Therapist as a part of it, is one of the most powerful insights in Gestalt therapy. Gestalt therapy started as a liberation movement with a wide and complex understanding of the field. But somehow by working in our

practices with individual client we have lost this perspective.

In this Masterclass we intend to focus the Field also including the social and political field. The individual is the “the chimney where the smoke of the wider field comes out”. In other words: Many of our clients also represent or express the pathology of a wider field, in fact of the society we are living in. In the work with individual clients the risk is that we perceive and work with the client only as an individual with personal problems or with personal pathology.

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In that way we actually affirm the client as being “the patient”, and as being the one who is problematic in a “normal” world.

However, when we work from a field perspective we know that psychopathology is always psychopathology of the field, of the relation.

How come that in the Western world - where practically all conditions are present to being happy – the rate of depression is so high? What is the influence of socio-political and cultural paradigms on our perception of who we are and who we should be?

- If we acknowledge this influence, how can we work with clients from this awareness?
- How can we show that we care about the socio-political influence and human rights of a client in our daily therapeutic practice with individual clients?

### **Liberation once again**

Gestalt therapy started as a liberation movement with a wide and complex understanding of the field. But somehow by working in our practices with individual client we have lost this perspective. We became part

*The seminar takes place at Vihula Manor. The GIS-International Training Groups are having Seminars at Vihula at the same time.*

of a neo-liberal culture, where the individual is seen as the one who is fully responsible for his success and his failure – being the winner or the loser. And we take care of the losers! We fix them or refresh them to become participants again or even winners.

- The challenge is how we can increase our awareness on the paradigms of our society, on the underlying complex of assumptions, belief systems, attitudes, feelings and stories. How we can see the individual client and our self again as a part of this complexity.

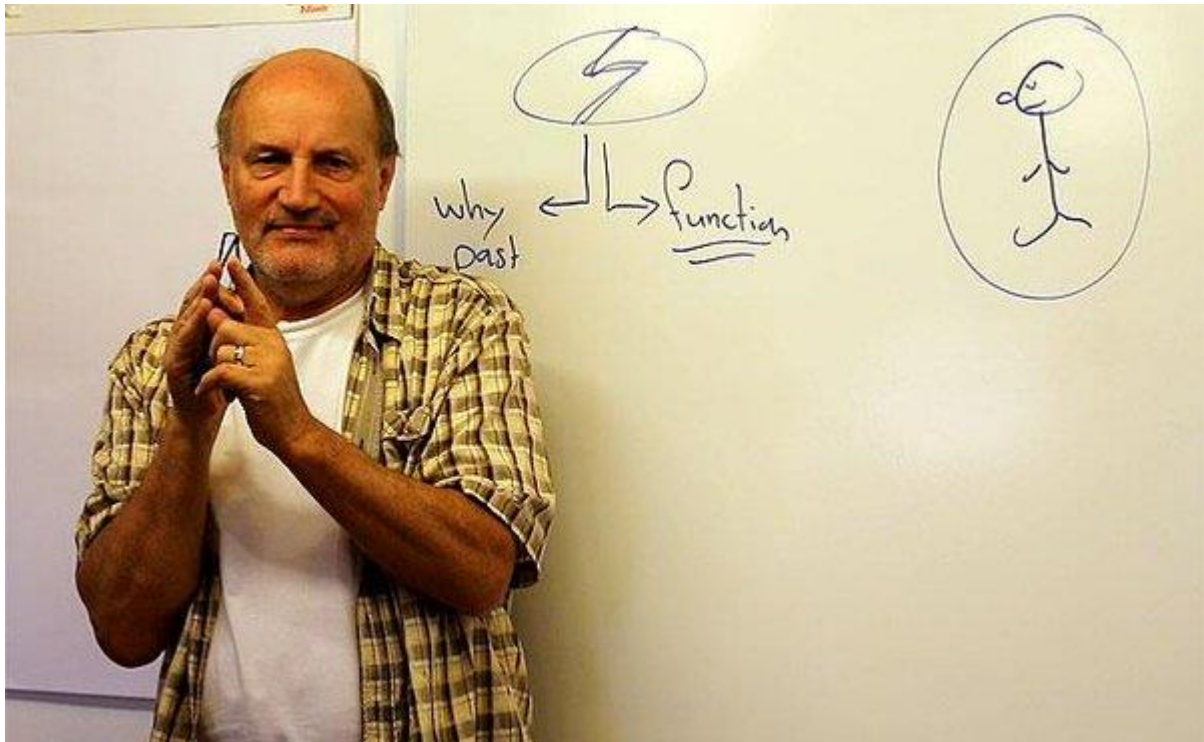
Only this field-understanding can help us and our clients to be more able to respond to the demands of our present society.

During the master class we will work with both experiments and cases to explore the deeper layers of our work with individual clients. We will broaden our awareness on our own paradigms and socio-political background.

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Frans Meulmeester.

### Seminar Fees

- The Advanced Master Class

### Nordic

DKK	Euro
5.600	750

### Estonian

DKK	Euro
3.710	500

### Accommodation fee

The price for you includes living cost, food and coffee, and last evening party.

If you want to make use of the special treatments in the Spa you can make reservations on the net. These – of course – are on your own private expenses.

### Tuesday to Sunday:

- Nordic participant
- Estonian participant

### Single room

DKK	Euro
5.915	795
5.915	795

### Double room

DKK	Euro
4.500	605
3.600	484

Be aware that the price is a reduced and total package price.

### Information

Please visit our webpage for more information about the seminar. You can also call us on +45 59 47 00 17 or mail us on [gis@gis-international.com](mailto:gis@gis-international.com)

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