



Dear Colleague in our Gestalt network

When graduating from GIS, you gained a lot of potential colleagues around the Nordic Countries.

What an abundance of possibilities to learn.

We all work in different fields and with different people. We in GIS assume, that you are curious to hear about all fellow colleagues, to meet, get in contact, to share, and to learn from each other ☺.

Last autumn a group of 20 post-graduates started to plan a generational transition for GIS. During this process, we also decided to invite all post graduates twice a year.

So now is the time for our first big post graduate network weekend in 2018: We would like You to come to Hegnegården for a weekend of networking, of cooperation in the Nordic and Baltic Countries, and of deepening our Gestalt challenge and knowledge. We want to keep our personal and professional Gestalt network alive, solid and growing.

In different ways, most of us have met clients or organizations that are challenged in handling stress. Therefore, we have decided to organize this weekend around the topic of stress.

Program:

Friday

13:00-19:00 Workshop held by Kurt Rasmussen about working with stress out of Gestalt perspective and stress coach perspective.

19:00 Check-in for people who do not want to participate in the workshop

20:00 Dinner

Saturday and Sunday

- What knowledge do we as Gestalt therapists need to have about stress?
- How are other therapeutically approaches in working with stress?
- How does stress influence the working field – and how to deal with it?!
- There exists a stress coach education in Denmark, what can we learn from them?
- How is stress connected to attachment problems?
- Processes of sharing, inspiring, learning, and getting/giving collegial supervision.

Please let us know, if you would like to participate on gis@gis-international.com at the latest February 23th. For more information, you can also call: Kia Karrebæk +45 23396195 or Arne Møller +45 26270694.

And let us know if you come Friday at 13:00 or after Kurt's workshop at 19:00.

When, where and costs:

March 9th at 13:00 - 11th at 1 pm 2018. Hegnegården, Orø, Denmark. Deadline for signing up is February the 26th.

Seminar Fee is 0. The cost of stay and food for the weekend is DKK 1.500.

We are looking forward to hearing from you!

Best wishes and have a great summer!

GIS-International: John, Jette, Kia and Arne