

**From Attachments Disorders to Living Skills.
An Intensive Masterclass for Psychotherapists
with Iver Hecht
From Tuesday April 17, 1600 to Sunday April 22, 1100.
At the Vihula Manor in Estonia**



*How does early
attachment difficulties
affect your living skills
today?*

***A Master Class with
Iver Hecht
at Vihula Manor
17th to 22nd of April 2018***

The Vihula master class for post graduates will be hold by Iver Hecht, a Danish psychologist, psychotherapist, chock-trauma therapist, supervisor, trainer and author. Iver Hecht is the headmaster of Vibygaard, a family treatment centre in Denmark. At Vibygaard the professional team work with families having attachment disorders. They work with Holding Therapy, which aims at healing existential psychological and relational wounds by physical, emotional contact between parents and child. They help getting parents becoming aware of and understand own wounds, and facilitate the healing process in themselves and in their children. Iver Hecht and his team have shown amazing results. Iver is an expert on attachment issues, both in theory and practice. You will in this seminar deepen your awareness of yourself, get knowledge and practice of how to work with attachment in adults, children and families in healing broken contact in the early attachment phases.

Gestalt Institute of Scandinavia, GIS • International ApS.

CVR 27 50 48 09

Næsbyvej 28, Orø • DK-4300 Holbæk • Tel. +45 5947 0017 • gis@GIS-International.com • www.GIS-International.com

GIS-International is accredited by: EAGT, The European Association for Gestalt Therapy, EAP, The European Association for Psychotherapy, and by PF, The Danish Association for Psychotherapy.



The seminar takes place at Vihula Manor. The GIS-International Training Groups are having Seminars at Vihula at the same time.

Iver Hecht says:

" Many families are calling for help. And too often they are met by insufficient case management, half-hearted depositions and too long investigations on parent competencies.

Intensive co-work is the way forward.

We will have to change our view on humanity and focus on what we human beings are deeply dependent on, our close relations. Relations that widely are created in the early attachment between parents and children.

Children are extremely loyal towards their biological parents and vice versa.

Very strong ties are existing, both conditional biological and psychological.

This reciprocity means that father and mother act on what they believe is the best for the child. Some parents do not have the psychological and economical resources, because having been growing up in vulnerable families themselves and having been betrayed by parents and society. But still these parents want to do what is best for their children. When I worked in the psychiatric system, we noticed how parents were reduced to annoying relatives.

In the social area, parents are too easily perceived as opponents to the child! But mostly the parents wish all the best for their children – and they are driven by the love, that is the most important raw material in the relation between human beings.

Instead of perceiving the parents as opponents to the children, we have to recognize and cooperate with them and give them all the support they need."

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Seminar Fees

	Nordic		Estonian	
	DKK	Euro	DKK	Euro
▪ The Advanced Master Class	5.400	725	3620	485

Accommodation fee

The price for you includes living cost, food and coffee, and last evening party. If you want to make use of the special treatments in the Spa you can make reservations on the net. These – of course – are on your own private expenses.

Tuesday to Sunday:

	Single room		Double room	
	DKK	Euro	DKK	Euro
▪ Nordic participant	5.810	780	4.400	590
▪ Estonian participant	5.810	780	3.520	470

Be aware that the prices are reduced and total package prices.

Information

Please visit our webpage for more information about the seminar. You can also call us on +45 59 47 00 17 or mail us on gis@gis-international.com



Vihula Manor Country Club is located in northern Estonia, on the coast of Baltic Sea, just 90 km from capital city Tallinn, an hour scenic drive through picturesque countryside and ancient forests. The lovely manor complex is idyllically situated in North-Eastern corner of the beautiful **Lahemaa National Park**, with sandy beaches, enormous erratic boulders, mossy pine forests, majestic wetlands, ancient fishermen villages of

Altja and Käsmu. One of the main Lahemaa attractions is undoubtedly the manors - the baroque Sagadi Manor, Estonia's most well-known Palmsee Manor and picturesque Vihula Manor.

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