

# NEWS • LETTER

THE GESTALT INSTITUTE OF SCANDINAVIA

GIS-INTERNATIONAL DECEMBER 2017

SOME GESTALT NEWS FOR YOU/

## NETWORK WEEKEND FOR POST GRADUATES

Dear Gestalt colleagues, GIS post- and pre- graduates and friends,

A very busy and exciting year is ending and a new year is waiting, with possibilities of personal growth for all of us and hopefully lots of possibilities for contact in our community. We want to share some information about activities that are going on. And for sure there is much more around the Nordic countries, so please let us know.

The next **network weekend for post-graduates** will be held the 9<sup>th</sup>-11<sup>th</sup> of March at Orø. We start Friday afternoon with a workshop about working with clients who have stress, by Kurt Rasmussen. We will also have Co-vision, time for personal work and discussion of topics of interest for practicing Gestalt therapists and consultants. We will send out an invitation in January. Looking forward to see many of you again!

VIHULA INTENSIVE MASTERCLASS SEMINAR /

## IVAR HECHT: FROM ATTACHMENTS DISORDERS TO LIVING SKILLS

We are very much looking forward to see many of you at Vihula in spring. Lots of you have shown interest in deepening awareness of how to work with attachment issues.

The Vihula master class for post graduates will be held by Iver Hecht, a Danish psychologist, psychotherapist, chock-trauma therapist, supervisor, trainer and author. Iver Hecht is the headmaster of Vibygaard, a family treatment center in Denmark.

At Vibygaard they are working with families having attachment difficulties. They work with Holding Therapy, which aims at healing existential psychological and relational wounds. They help getting parents becoming aware of and understand own wounds, and facilitate the healing process.



*Ivar Hecht*

Iver Hecht and his teams have shown amazing results. He is an expert on attachment issues, both in theory and practice, and will deepen our own knowledge and practice of how to work with adults, children and families on healing broken contact in the early attachment phase.

VIHULA PRE-TRAINING GROUP /

## ATTACHMENT

For the Pre-Training group at Vihula we also aim at professionals and people with personal interest in the topic of understanding early attachment and how it influences your life skills today.

You will all get an invitation for Vihula with more information. Please let us know if we miss someone and please share the information with your network!

ORØ SEMINARS

## INTRODUCTION WEEKENDS, PRE-TRAINING, AND COUPLES COURSE

There are Introduction weekends every second month at Orø, next one the 26<sup>th</sup> of January.

The Pre-training "3 Weekend Seminar" starts at Orø the 12<sup>th</sup> of January.

The next **Couple course** takes place the 27<sup>th</sup> of march to 1<sup>st</sup> of april at Orø (Eastern week).

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## ESTONIA

**SEMINAR AND CONFERENCE**

There will be a Personal Development Seminar the 28<sup>th</sup> March at Altmoisa facilitated by Helen Kaljuvee and Merit Lage.

A bigger Conference/seminar the 3<sup>rd</sup>-4<sup>th</sup> of March is organized by Helen and Kait with the participation of John Ewans Porting. There is more information to come about that.

## FAROE ISLANDS

**CONFERENCE**

The conference "Skæbnens Børn" (Children of fate) organized by Sigbritt takes place the 15<sup>th</sup> -18<sup>th</sup> of March. Arne will participate with lecture and workshop. Ole Ry and his team will offer trauma release workshops.

## SWEDEN

**INTRO SEMINAR**

Inger and Annika are preparing an introduction seminar in spring.

We will send an update about activities in Finland in our next newsletter!

*We wish you all a Happy New Year and hope to see you soon!*

*Best Regards*

*John and Jette and the GIS-team*