

NEWS • LETTER

THE GESTALT INSTITUTE OF SCANDINAVIA

SOME GESTALT NEWS FOR YOU/

NEW GRADUATES AND NEW THESIS – STUDY START

In June 2018 eleven students will graduate as Gestalt Psychotherapists from GIS International. Their written works reveal important themes and show the usability and relevance of the Gestalt methodology and approach.

Lotta Ansakorpi graduates on the work “The Outsider – Gestalt Therapy with developmental Traumas”, Ina Nissen with “Hunger for Contact – Overeating and Obesity”, Francesco Cappelli “Authenticity through Femininity and Masculinity – The natural flow of Opposites in the Psyche”, Kaire Talviste “Releasing erotic from co-dependent Grip”, Tanja Ansakorpi “From drama games towards healthy communication and better coping”, Alekski Lavaste “Adjusting into the world after loosing a child – Stillbirth, Grief and Gestalt”, Juha Silvo “Depressing myself, depressing together – Co-creating the relational Field in Gestalt Therapy”, Joakim Ahl – Shame, from shame to support, Katrin Ahlberg “Compassionate Self – Compassion and Wisdom more deeply understood, gives possibility to live a more meaningful life”, Mikko Karhulahti “Intersubjective Embodied Experience: Aesthetics of Attachment in the Psychotherapeutic Field”, Susanna Lähteenoja “Becoming who you are – Authenticity in Gestalt Therapy”.

The Graduation Party takes place the 9th of June, and all students and former graduates are welcome to participate. Contact Jette Porting on jette@gis-international.dk

As GIS prepares for the examinations and the celebration, new students are ready for study start in September 2018. There is a clear growth of interest for the Gestalt methodology – more people participating I Gestalt Intro seminars etc. This might indicate that years of decline for the Gestalt approach and other more complex understandings has come to an end.

CERTIFYING

GIS-International has again successfully completed the certification process to the Danish Psychotherapy Association.

VIHULA

45 students and 8 leaders have recently been to Vihula Manor. We had a very intensive week in different group settings, working on issues related to Attachment Theory. We did not have a Master Class, because of too few participants. We are looking forward to next year’s Master Class, which we will announce much earlier than this time.

FAROE ISLANDS

In March Sigbrit vid Neyst organized the conference “Children of Fate” and John Porting ,

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Psychotherapy.



Arne Møller and Poul Jakup Thomsen were holding small lectures. Ole Rye was teaching Trauma Release Exercises. The conference was a big success and has created a bigger interest in working with childhood trauma, which Sigbrit is following up on.

ESTONIA AND FINLAND

There have been weekend seminars in Estonia and Finland, too, where John Porting participated. Every time participants show a big interest for working more deeply with Gestalt.

EVENTS TO COME/

KONFERENS Malmö, SWEDEN 2. JUNI

”Kontakt, Kommunikation och Livskvalité”, En Dag om Gestaltterapi” with John Porting, Inger Haapaniemi, Petra Lindblom, Ina Nissen og Carina Stömbek. A day in the South of Sweden for people interested in Gestalt Work.

www.sensus.se

COUPLE WEEK

July the 29th there will again be a Couple Week at Orø. The seminar can be highly recommended for couples to overcome crisis, get rid of old patterns and finding passion and growth.

www.gis-international.dk

PERSONAL DEVELOPMENT WEEK

July the 22th there is a possibility of passing a week with focus on personal development, fulfillment and joy at Orø.

www.gis-international.dk