



Next Post Graduate Weekend:

Bioenergetics by Ulla Koch

Orø, March 8th to 10th 2019

Dear Gestalt Therapist colleague

We would love to see you at our next network weekend for post-graduates at Orø the March 8th-10th 2019.

We start on Friday at 4 pm and finish on Sunday at 1 pm and the theme for the weekend is Bioenergetics.

Ulla Koch and Bioenergetics:

Ulla Koch b.1942, M.A. in psychology, Aut. Psychologist & Supervisor in psychotherapy. Cert. Bioenergetic therapist and supervisor. Former Local trainer in Denmark and Norway. 1984-2012. Guest-Teacher at GIS – working with groups and as individual therapist and supervisor for the students.

Ulla: "Bioenergetics works with the unity of body and mind. And the aim is to develop a deeper understanding and expanded consciousness of this interconnectedness. Grounding is a basic concept in Bioenergetics, and refers to the positive experience of being, here and now, in one's core, close to the source of life, rooted on this earth. In this concept I have rediscovered an important basis for my own personal growth and development."

The work in the workshops and in my private practice is based on the above mention life-view and basic bioenergetic concepts, methods and techniques, with which I have many years of clinical experience."

Gestalt Institute of Scandinavia, GIS • International ApS.

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GIS-International is accredited by: EAGT, The European Association for Gestalt Therapy, EAP, The European Association for Psychotherapy, and by PF, The Danish Association for Psychotherapy.

The program:

Friday

16.00 – 20.00 Bioenergetics with Ulla Koch

Saturday

8.00 – 9.00 Breakfast

9.00 – 13.00 Bioenergetics with Ulla Koch

13.00 – 15.00 Lunch and break

15.00 – 19.00 Co-vision

19.00 – Dinner and cozy time

Sunday

8.00 – 9.00 Breakfast

9.00 – 13.00 GIS/PMI update and Gestalt activities

13.00 – 14.00 Lunch and goodbye

Price: 2.700 DKK / 365 EUR

Please register for the weekend at gis@gis-international.com, **deadline is December 1st 2018**. Be aware that we only have room for **14 participants** this weekend so it is first come first served and because we have an external Psychotherapist we also need the payment by Dec. 1st the latest.

Looking forward to see you again

Best regards

Kia, John and Jette

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