

Training Description of GIS-International 4-year Gestalt Training Program for becoming Gestalt Psychotherapist and Organizational Consultant

2025 – 2026 Nordic and Baltic Training. (Version 38, 10.10.2025)

GIS-International is in the application phase to have the program placed at level 7, (Master level) in the Qualifications Framework for Lifelong Learning through the Danish Accreditation Institution.

The Gestalt Institute of Scandinavia

GIS-International



4-YEAR GESTALT TRAINING PROGRAM

Gestalt Psychotherapist and Organizational Consultant

Training Curriculum for the 4-year Gestalt Training Program

Students from Albania, Bahrain, Bosnia, China, Croatia, Czech Republic, Denmark, Estonia, Finland, Lithuania, Norway, Portugal, Romania, Scotland, Serbia. Span, Sweden, Ukraina, Uruguay, USA, Vietnam.

Gestalt Institute of Scandinavia, GIS • International ApS

CVR 27 50 48 09



The three elements in Gestalt Therapy and Methodology are:

- The Meta theory, that builds on Humanistic Existentialism.
- The theory, that builds on Gestalt Psychology, Field Theory, Developmental Psychology, and Social- and Clinical Psychology.
- The Method, that builds on the Phenomenological Methodology.

The Gestalt therapeutic methodology is an integrative method in which the awareness both is on the individual and on the relational aspect. In Gestalt are integrated several theoretical theories, such as developmental psychology, attachment, psychopathology, psychodrama, trauma, Field theory, and Eastern philosophy.

The Gestalt Institute GIS-International strives to achieve and integrate the newest relevant research in the field of Psychotherapy.

GIS-International was founded in 1976 and has since continuous trained students in Gestalt Methodology. The GIS education has from 1976 to 2024 organised and completed more than 45 4-year training courses and groups in Gestalt.



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Level 7 and The Gestalt Institute of Scandinavia.

GIS-International is in the application phase to have the program placed at level 7 in the Qualifications Framework for Lifelong Learning:

https://ufm.dk/uddannelse/anerkendelse-og-dokumentation/dokumentation/kvalifikationsrammer through the Danish Accreditation Institution.

A level assessment from the Danish Accreditation Institution provides the opportunity for further recognition from several public education programs by, for example, credit assessment or prior learning assessment both in Denmark and internationally. Level 7 can be compared to the level achieved upon completion of a master's degree*. We will keep you informed about the process.

* A level-assessed education is not the same as a degree-granting master's degree.



§ 1: Preface

The purpose of the GIS-International Training Curriculum is to give the students an overview of conditions, and foundation for the gestalt training and education program, and furthermore to describe the structure, contents, challenges, and demands. The training is a part-time study and as such possible to join with full-time work.

GIS-International, the Gestalt Institute of Scandinavia.

GIS-International was established in 1976 and is an international institute for training in Gestalt methodology in the areas of therapy, personal development, couples and families, creativity in art, and in development of leadership and in development of organizations.

GIS-International Values:

- GIS strives for being the significant International Training Institute with the Highest International Standards in Gestalt Methodology, and in Psychotherapy.
- GIS works for Life, Authentic Living, and Life-long Learning.
- GIS provides Students with more than a Profession.
- GIS Faculty strives for High Ethics, Deep Know-how, and Excellent Teaching Skills.
- GIS makes an Authentic difference in Life and Leadership.
- GIS lived values are Respect, Compassion, and Humility.

About GIS-International Gestalt Therapy and Methodology

Gestalt therapy was introduced in the Nordic countries in the late 60's.

The original American approach and style has through the years been heavily influenced by the Nordic culture and existential tradition.

The GIS-International Nordic Gestalt therapy has nowadays developed a balanced existential approach of respect, empathy, and clarity in the relational, dialogical meeting between persons.

The Gestalt Methodology has shown being extremely useful for identifying and developing hidden resources in human beings, and for creating better connection between responsibility and actions both personally and relationally.

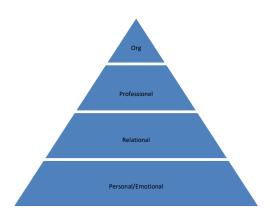
The strength in the GIS-International training and education is an integrative approach between:

The Organizational level, Field dynamics

The Professional Knowledge, Skills, and Competence layer

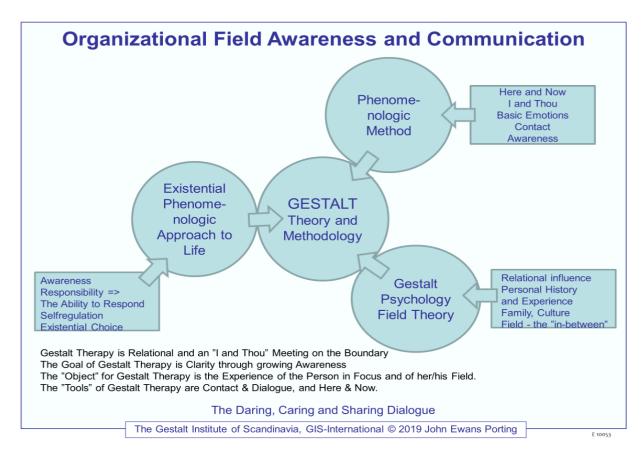
The Relational Authentic layer, Field, I & Thou

The personal emotional, Aware layer



The student gains integrative depth in understanding and in creating awareness of contact forms for people and their relations in experimental intervention in non-technical ways.





Students professional background, and the future work possibilities

The GIS international students are teachers, pedagogues, psychologists, psychiatrists, social workers, nurses, and other professional people from the area of treatment. Furthermore HR-consultants, actors, instructors of theatre, media-people and other creative/artistic people are students in the GIS-International program. The students specialize in Psychotherapy and/or in Organizational Consultancy and Coaching. Both specialities are emotional, relational, and professional having pedagogical developmental Gestalt approach.

Several Danish and International GIS-candidates have chosen to use their GIS-International Gestalt-education for achieving a stronger existential impact in their actual profession. Many others have established own practice as Psychotherapist and/or Consultant.

The thorough training components and procedures of more than 3000 hours for four years excluding pretraining all together, ensures solid knowledge, emotional and relational skills, and anchored professional competencies.

§ 2: Goal and Purpose

The GIS-International 4-year Training Program

Overall, Purpose, Goals and Objectives:

The overall goal for the 4-year Gestalt Training Program for becoming a Clinical Gestalt Psychotherapist is to qualify the student to practice Psychotherapy according to the highest European standards.

GIS-International lives up to the criteria and guidelines settled by the following National and International quality standard organizations: Crossfield in cooperation with the DPFO, the Danish Association for Psychotherapy in Denmark, with EAP, the European Association of Psychotherapy, and with EAGT, the European Association of Gestalt Therapy. GIS-International is certified by and member of all three organizations.

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The goal is furthermore that the student achieves the highest professional skills and ethical standards in practicing individual and group psychotherapy, in teaching, and in development in working with complex systems: Couples, families, organizations, and companies.

GIS-International aims for training highly qualified Psychotherapists capable of working in the society with individuals and groups, and furthermore working with developmental issues in public and private organizations and institutions.

The training and education are both theoretical and praxis oriented and implies a personal developmental process:

- GIS aims for being the significant International Training Institute providing students with the highest International Standards in Gestalt Methodology in Psychotherapy.
- GIS works for Life, Authentic Living, and Learning. The GIS Training Program implies that the students through the education work on own personal and relational development.
- Being a student in the GIS Training Program demands personal motivation and engagement. The training is both individual and group oriented in cooperation with trained Psychotherapists and with fellow students.
- The GIS-International Training Program is a Continuing Education, which is founded on solid experiences from former education and on concrete working experience in interpersonal connections.
- GIS Faculty strives for teaching students high Ethics, deep Know-how, and excellent teaching and learning skills.
- The GIS-International Training Program contains modules in Developmental Psychology, Clinical Psychology, Psychopathology and in Scientific theory, and Documentation and research methods primarily for Research in own Professional Practice.
- On the last part of the GIS-International training Program an intensive focus is on the 50 hour "Research program in own Practice" integrated with the intensive GIS-programs in individual and group supervision.
- The GIS-International Training Program is targeted work in the society, both in areas of treatment, culture, and leisure, and in public and private organizations and companies.

Further goals:

- To encourage the students to achieve personal development as individuals, therapists, and leaders.
- To train highly skilled and professionally competent Clinical Gestalt Psychotherapists and/or Organizational Consultants, who are compatible with the highest international standards.
- To ensure deep personal integration of theory, practice, and professional ethical conduct.
- To train the students ability to cultivate skills and ethics in themselves and in their surroundings.
- To train students in being more able to inspire and direct people for the shared goals and values.
- GIS teaches students in making Authentic difference in Life and Leadership.
- GIS lived values are Respect, Compassion, and Humility. We respect the person and seek to understand and respect the individual human being in what is important and urgent for them. We are humble towards the clients and their existential life situation, and we work openly and authentically with the clients without being judgmental, outraged, or scared. This is how our clients deserve to be met.



§ 3: The Level 7 Learning Objectives for all Seminars and Modules GIS Certificate in Gestalt Psychotherapy Qualification Framework (level 7) The Overall GIS-International Learning Objectives and Outcomes:

KNOWLEDGE

Upon completion of the Certificate in Clinical Gestalt Psychotherapy, the student has knowledge of and can reflect upon:

- 1. Theories, methods and intervention techniques used in Gestalt Psychotherapy
- 2. The history and development of Gestalt Psychotherapy theory, based on existential, phenomenological, and humanistic principles
- 3. The practice and facilitation of a therapeutic process as a Gestalt Psychotherapist
- 4. Scientific theory as the basis for independent critical inquiry and analysis of own practice
- 5. Quantitative, qualitative, and mixed research methods of research including phenomenology and action research
- 6. Ethical data collection and GDPR compliant data management, analysis, synthesis, and presentation of such data
- 7. Ethical practice in the specific context of field research as well as the research of own
 practice according to latest relevant national and international ethical guidelines for the
 profession
- 8. Scope and limitations of personal resources as well as personal developmental potential in the context of own psychotherapeutic practice.
- 9. Supervision as a means of ensuring professional development and further specialization

SKILLS

Upon completion of the Certificate in Clinical Gestalt Psychotherapy, the student has the skills and mastery to:

- 1. Demonstrate empathy, carefrontation and authentic presenting, both verbally and nonverbally in the interaction with clients
- 2. Plan, implement and evaluate therapeutic processes, individually or in groups, demonstrating an unconditionally respectful attitude to the client as a person
- 3. Critically select, apply, and evaluate scientifically based psychotherapeutic methods and tools in specific psychotherapeutic contexts
- 4. Reflect on, select, and apply relevant psychotherapeutic interventions in relation to identified psychotherapeutic issues and goals.
- 5. Independently identify and explore a specific research question in the context of relevant contemporary theories and scholarly literature from within the field of Psychotherapy
- 6. Apply appropriate research methods in the context of data collection, analysis, processing and documentation of own clinical practice
- 7. Critically evaluate and discuss own findings in the context of psychotherapeutic principles and practice based on relevant international research in the field.

COMPETENCES

Upon completion of the Certificate in Clinical Gestalt Psychotherapy, the student has the competences to:

• 1. Manage professional functions where psychotherapy with gestalt therapeutic approach is



integrated in a professional field and task.

- 2. Manage complex work situations within psychotherapeutic practice by identifying relevant Gestalt psychotherapeutic interventions in the context of working with different client target groups
- 3. Prepare, conduct, and evaluate psychotherapeutic dialogues and processes in the context of own psychotherapeutic practice
- 4. Critically evaluate and document complex clinical issues, including planning, implementation and review due to the GDPR
- 5. Communicate Gestalt Psychotherapy practice, theory and research in a professional, responsible and ethically sound manner
- 6. Ongoing integration of personal reflections and insights into own professional development and specialization in own psychotherapeutic practice



§ 4: EAP, EAGT, and DPFO Certifications

EAGT, EAP and DPFO

The Gestalt Institute of Scandinavia, GIS-International has received the highest standards of accreditations in Europe.

- GIS-International is accredited by EAGT, the European Association of Psychotherapy.
- GIS-International is accredited by EAP, the European Association of Psychotherapy.
- GIS-International is accredited by DPFO, the Danish Association for Psychotherapy.

EAP

The European Association of Psychotherapy. EAP is the umbrella organization that oversees the implementation of the highest standards in all the different modalities of psychotherapy in Europe. GIS-International was certified in 2008 and re-certified in 2015, and again in 2022.

Next re-evaluation will be due in 2029.



In connection to the certification of the GIS-International Training Program from EAGT and EAP, GIS-International can offer the graduate *ECP-certification by Direct Award* within the EAGT and EAP frames when the graduate has fulfilled the GIS-International Study requirements.





Member of the World Council for Psychotherapy (WCP) NGO with consultative status to the Council of Europe

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To
GIS International
Attn. Jette Maja Porting/John Ewans Porting
Naesbyvej 28
43005 OROE
DENMARK

Vienna, October 13th, 2022

Successful EAPTI RE-Accreditation for further 7 years

with follow up

Dear colleagues,

At first, we would like to thank you for your active participation in the re-accreditation process of your EAPTI status, which has to be followed by each accredited EAPTI every 7 years according to the TAC procedures.

After a careful checking by the EAP Registrar and TAC chair, your EAPTI re-accreditation was discussed in detail by the Training Accrediting Committee (TAC) of the EAP, which decides by majority of votes for the re-accreditation.

We have the pleasure to inform you that your institute, the

Gestalt Institute of Scandinavia GIS-International

was successfully **re-accredited as a European Accredited Psychotherapy Training Institute (EAPTI)** for the period of 7 years as foreseen by the re-accreditation procedure (next re-accreditation will be due in 2029) by the *Training Accrediting Committee (TAC)* in its online Meeting on October 13th, 2022.

Re-accreditation is given without conditions for the period of seven years the Gestalt Institute of Scandinavia (GIS) with the follow up of the changes in the training program due to recognition of the training at Master level by Denmark state authorities and with providing support to GIS (if needed) in achieving of this important goal.

We thank you for your good cooperation; wish you a prosperous future and all the best for your work!

With best regards,

Ivana Slavkovic

Chair of the TAC & EAP Registrar

Trana Sarmovia



EAGT

The European Association of Gestalt Therapy is an organization with the aim of gathering European Gestalt therapists, Training Institutes and National Associations and fostering highest professional standards of Gestalt therapy.

GIS-International was accredited in 2008 and re-accredited in 2013, 2018 and 2024.

Next re-evaluation will be due in 2029.

No: DE0802-01 Valid till: December 2029 (I)



European Association for Gestalt Therapy

CERTIFICATE FOR ACCREDITED TRAINING PROGRAM

The Gestalt Therapy training program offered by

The Gestalt Institute of Scandinavia (GIS-International)

John Ewans Porting

has been accredited in accordance with the regulations of the European Association for Gestalt Therapy

Acting EAGT President

Michał Lewandowski

Chair Training Standard Committee

Moviciale Grelini

Daina Udovicich Corelli

(1) as long as listed as valid member of EAGT at https://ismember.eagt.org



DPFO

In Denmark GIS-International has been evaluated and has received accreditation in 2008, and reaccreditation in 2013, 2018 and 2024 according to the Quality-Evaluation standards organized by the Danish Association for Psychotherapy (PF) in cooperation with the evaluation company Crossfield following the guidelines outlined by the Ministry of Social Affairs, the Ministry of Educational Affairs, and the Ministry of Home Affairs. The certification is linked to certification on level 7 as a step towards applying for the accreditation.

CERTIFIKAT

TILDELT

GESTALTINSTITUTTET I SKANDINAVIEN GIS-INTERNATIONAL CVR 27504809

Det dokumenteres hermed, at den 4-årige uddannelse til psykoterapeut udbudt af Gestaltinstituttet I Skandinavien, GIS-International opfylder de tværministerielle vejledende kvalitetskriterier for private psykoterapeutuddannelser.

Godkendelse forudsætter en tilfredsstillende opretholdelse af uddannelsens kvalitetskriterier.

Godkendt den 19-04-2024 Gyldigt indtil den 19-04-2028

Væsentlige organisatoriske eller indholdsmæssige ændringer af kvalitetskriteriegrundlaget skal dokumenteres og fremsendestil den eksterne evaluator Crossfields Europa.

Pia Clementsen
Formand, Dansk Psykoterapeutforening

Formand, Dansk Psykoterapeutforening

DANSK PSYKOTERAPEUT FORENING Crossfields Europa

Crossfields Europa

The education is approved by the Danish Psychotherapist Association, DPFO.

Students have possibility of obtaining the designation Psychotherapist (MPF). The GIS-international education is re-certified on level 7by Crossfields, Europe and DPFO in 2024. Description of level 7 assessment of the program is expected to be ready for applying to the Danish Accreditation Institution in 2024-25.

See AI's website https://akkr.dk/ovrige-vurderinger/niveauvurdering-af-private-uddannelser-m-fl/

Next re-evaluation will be due in 2028.



§ 5: Campus

The GIS campus and premises consists of two rebuilt farms situated on the middle of the island of Orø. The total of 1600 m2 farmhouses have group rooms and sleeping facilities for fifty persons. The farms are surrounded by fifty hectares of land including fields, meadows, and forests.

All premises free for use for the students and faculty.

All premises have Wi-fi connections.

Group rooms have overhead projector and other teaching facilities.





§ 6: Faculty Links and special studies

The GIS Education is linked to the Faculty of DPDO, from where the research modules are given.

Educational and Ethical Board.

The Educational and Ethical Board (EEB) consist of five members: John Ewans Porting (JEP) chairman, CEO, (Education and Overall Supervision), DK – Liisa Halonen (LH), SF, (Ethics) – Katrin Rosental, (KR), EE, (Clinical Training) – Karen Dons Blædel (KDB), DK, (Quality and Research), - Jette Maja Porting (JMP), DK, (Coordinator, and Administration).

John Ewans Porting is chairman of the Educational and Ethical Board (EEB). The Educational and Ethical Board (EEB) has regular meetings on site or by phone/Skype/Teams/Zoom.

In June at the oral exams, the EEB-meeting is extended including the external examiner(s).

In April and June representatives from the student council and EEB meet on site.

The EEB oversees and evaluates the training program to ensure quality and development of teaching and faculty – and to ensure quality and the on-going development of the training program.

The EEB supervises, gives feedback to, and inspires the faculty members in their professional development. The EEB instructs the leader before entering the group and passes on the group reference book in which group process from prior groups are described by former leaders. Daily supervision is integrated in the leader team running minimum 2 training groups at the same time and place.

Study Counsellors

The study counsellors are:

Katrin Rosental (KR), EE – for students living in Eastern Countries and Finland and John Ewans Porting (JEP), DK for students living in the Western Countries including Denmark. In 2023-2024 14 Nationalities are enrolled in the GIS Training Program.

Ethics

GIS-International follows the ethical and professional guidelines of EAGT and EAP and of the national Danish therapeutic association DPFO. In practice, the national and international guidelines are discussed and implemented all through the training program.

GIS-International's ethical guidelines follow the guidelines and rules outlined by EAGT, EAP, and DPFO. GIS-International has procedures for ethical situations, that need special attention.

GIS has ethical guidelines according to the guidelines and rules outlined by EAGT, EAP, and DPFO. GIS has procedures ethical situations, that need special processual attention.

§ 7: Student Council

The students elect four students, - two students from the 1^{st} and 2^{nd} year international groups and two from 3^{rd} and 4^{th} year. The election takes place in the September training seminar. The student council of 4 students elects a spokesman.

The student council meet on site twice a year when all training groups are gathered (April and June). In connection to the intensive training periods the student council meets on Zoom.



§ 8: Terms of Admission

To become a student at the GIS-International your documentation for fulfilling the bellow mentioned criteria is needed. GIS primarily accepts students in category 1 and 2.

- We will up to 15% accept students from category 3 on specific personal dispensation.
 The GIS-International study norming is 4 years + 2 years.
- For clarifying motivation and personal readiness, we ask for the applicant to fill out personality test as a platform for the personal interview. GIS evaluates whether – or how – the GIS education is relevant for the applicant.
- GIS recommends applicants to have or to get Gestalt therapy or other psychotherapy experience in groups or individually corresponding to a minimum of 120 hours before entering the education.
- The personal development and readiness for participating in the intensive GIS-International Training Program is very important. The EEB, the Educational and Ethical Board oversees the development of each student and can eventually stop a student in continuing training for her/him to focus on further development, i.e.
- Admission also depends on supplementary courses and ongoing training programs the applicant has taken: Personal development, psychology, personal therapy, leadership, coaching, supervision.
- GIS recommends students without the basic studies in Developmental Psychology, in Clinical Psychology and in Psychopathology to follow studies at recommended Open University programs.
- GIS recommends students without clinical practicum to join a recommended organisation for doing voluntary clinical work under supervision.
- Applicants have a minimum of 26 years of age.
- GIS organizes supplementary Pre-training courses several times a year.

Category 1: To becoming Gestalt Psychotherapist and/or Organizational consultant, -counsellor, and coach.

Relevant higher academic education and training (5years): Psychologists, MD's, psychiatrists, nurses, occupational therapists, physiotherapists, priests, special teachers, social workers, psychotherapists, and others with sufficient clinical and theoretical background, experience, and education. (Bachelor, Master, PhD).

Category 2: Other academic levels educations/professions (Bachelor, Master, PhD) not having background in psychology, pedagogic or health areas. Accepted for applying are managers, leaders, HR-consultants, actors and instructors of theatre, other artistic leaders, teachers, educators, media people (TV and radio), journalists.

Category 3, Dispensation. Applicants with other basic education can apply for dispensation having other personal and professional qualifications.

The category 3 are professional people, who through their training and work experience with development and leadership of people have gained sufficient practical and theoretical background.

For applicants in all three categories not having sufficient basic knowledge of psychology the following experience and studies are needed: Theoretical studies in developmental psychology, clinical psychology and in psychopathology in becoming a psychotherapist is required either before or parallel to the training during the two first years.

For all applicants: Personal test, test-feed-back and personal interview. Personality test and test-review. Agreement is made on areas of development within personal development, theory, clinical experience according to background.



The 10 Practical Steps in Applying:

- 1. You apply by filling out the GIS application form. You will find the form on our website, or you will get it by phoning our GIS office.
- 2. You have a dialogue by phone with the GIS office to clarify, who of the study counsellors from the Training Board, you are to meet for interview and test feed-back.
- 3. The GIS office sends you an invoice on test, interview and test feedback including a deposit. In case of you not being accepted to the training program your deposit will be refunded.
- 4. We send you a personality test. You fill in the test (1 Hour) and return it to the GIS office.
- 5. An independent test psychologist corrects and returns the test.
- 6. You meet the senior GIS leader and counsellor in person or on Skype/Zoom for an interview and a test feed-back. In this interview, you and the GIS representative will discuss the premises, possibilities and specific requirements and dispensations for entering the training program.
- 7. The GIS Training Board and administration confirms you as a student.
- 8. As a private student, you can make a motivated application for the possible GIS grant and reduction of the training fee.
- 9. You receive a contract, and you choose whether to pay upfront or in three instalments.
- 10. The GIS office sends you the invoice on the remaining training fee for the year.

Application

Please forward application to: The GESTALT INSTITUTE OF SCANDINAVIA

GIS-International

Næsbyvej 28 · DK-4305 Orø, Denmark

Tel +45 59 47 00 17 · Fax +45 59 47 00 69 · Email: gis@gis-international.com

www.gis-international.com

Please enclose CV, all documentation of prior education, learnings and experience, and photo with the application.

§ 9: Title of the Education

The Title of the Education is: The GIS-International 4-year Gestalt Training Program.

When accepted in DPFO, DK, the Danish title is "psykoterapeut MPF". Accepted in EAP and EAGT the English title is "Clinical Gestalt Psychotherapist".

The Education is certified on level 7 and has not yet been recognized as master's degree.

§ 10: The Norming of the GIS-International Education given in ECTS

Below you will find the ECTS points for the GIS education. In our calculation, we have defined one ECTS point to equal 25 hours of effort.

(uddannelses Guiden: https://www.ug.dk/uddannelser)

In the calculation described below the basis is as follows: 1/3 of the effort are hours of confrontation, and 2/3 of the hours are self-study or other forms of study or work effort. This includes the effort and hours the student uses on the final Research and Thesis, supervision, i.e.

Training Components with Leaders, hours of confrontation/contact:

5 intensive training or supervision seminars per year.

Each training week/seminar is 42 - 51 hours of 60 minutes: $(16 \times 42 + 4 \times 51) = 876$ hours



DPFO: Confrontation/Contact Hours: Minimum 750 hours required.

	1 st year	2 nd year	3 rd year	4 th year	Total
1. Theory and the therapeutic method:	94	94	94	94	376
2. Skills training and self-reflection:	91	91	93	93	368
3. Supervision in group context:	34	34	42	42	152
4. Supervision on external clients:			50	50	100
5. Research modules:			20	30	50
6. Individual therapy and study guidance:	20+4	20+2	10+2	10+2	70
Total: Confrontation/Contact hours:	245	243	315	333	1.136
Total including self-study:	735	729	945	999	3.408
ECTS points, factor 1 to 25 hours:	30	30	35	40	135

•	20 hours of Individual therapy per year the first two years:	$(2 \times 20) =$	40 hours
•	10 hours of individual therapy per year the last two years:	$(2 \times 10) =$	20 hours
•	Study-counselling/development dialogues twice a year:	$(5 \times 2) =$	10 hours
•	Supervision on individual psychotherapy supervision progra	m during	
	3 rd and 4 th year. Minimum 60, maximu	m 100	60 hours
•	Supervision on Group psychotherapy supervision program of	during	
•	3 rd and 4 th year		40 hours
•	5 Research training and supervision modules:	$(5 \times 10) =$	50 hours
•	Direct Internal Gestalt Supervision on Final Thesis	(8 + 4) =	12 hours

EAGT/EAP. Calculation of hours: Minimum 1450 required.

	Required hours	GIS hours
Theory and Methodology	600 hours	636 hours
Supervision	150 hours	172 hours
Clinical practice	400 hours	420 hours
Personal therapy, individual/group	250 hours	258 hours
Other training components/experience	50 hours	50 hours
Total of	1.450 hours	1.536 hours

Developmental Psychology, Clinical Psychology, and Psychopathology.

• (Open University). During 1 st and 2 nd year. (Credit possible).	250 hours
Training Component National internal client study/support/P-T-O-groups • 75 hours of national sub-group/study group meetings per year.	300 hours
 Training Component: External individual clients 100 hours client work in individual supervision program during 3rd and 4th year 	100 hours
Training Components: External client-groups	

• 120 hours client work in Group supervision program during 3rd and 4th year 120 hours

Training Component: External Clinical Voluntary work

• 180 hours clinical voluntary work under supervision during 1st, 2nd, and 3rd. (Credit possible). 180 hours

Preparation and self-study:

(2.272 - 950) hours = 1.322 hours During 1st, 2nd, 3rd, and 4th year

Total of other training components/hours:

2.272 hours



§ 11: Rules and Guidelines for Merit

- If a student has previously completed an education at bachelor level or higher education, covering the subjects 'Developmental Psychology', 'Psychopathology' and 'Clinical psychology' the student can apply for merit.
- If a student has previously completed an education at level 7 with research modules 'Introduction to Research Principles and Perspectives', 'Action Research and Research Methods in Practice', 'Phenomenology and First-Person Methods', 'Introduction to Mixed Methods and Quantitative Research', and 'Researching Own Practice', the student can apply for merit.
- The decision to transfer of merit for one or more of the subjects and research modules lies within GIS and is always an individual and professional assessment made by GIS Educational & Ethical Board (EEB).
- The student must provide documentation of passed education and a description of the content, and if the content can be linked to the subjects or the research modules, credit transfer can be offered.
- The GIS-EEB is aware that the themes of the research modules can be difficult to separate.
- Students from other Training Institutes who wish to join the GIS Training program apply in written form following the normal GIS intake procedure. and get a transfer of Merit. The process, interview, test and test-dialogue, and evaluation and transfer of Merit is anchored in the EEB, Educational and Ethical Board.

§ 12: Dispensation and leave of absence

It is possible to prolong the study with 2 years in general. The student applies in writing to the EEB, the Educational and ethical Board.

The dispensation is discussed with the national study counsellor and confirmed in the International Educational and Ethical Board - EEB.

Dispensation for more than 2 years. (1 to 2 years extra) is given in rare cases: Giving birth, job abroad, serious illness, i.e.)

The basis for the exam consists of the academic year's learning objectives and the most recently approved Training Curriculum.

It is an individual choice whether you want to prepare for the exam. If you choose not to take the exam, you will be given a certificate stating that you as student have participated in the training program.

As a student starting training 2024 and later, you are obliged to register for the exam.

Student having started training 2023 and earlier, you can choose between old and new system.

The prerequisite for nomination for the final exam is that all the previous requirements are approved. The recommendation for the exam also presupposes an absence rate below 15% in each academic year.

The number of hours used in the education appears in the final documentation due to the GIS/EAP/EAGT/DPFO.



§ 13: Completion and Ending of Training

Evaluation

Evaluations take place after 1st, 2nd, 3rd, and 4th year.

The evaluation process consists of a self-evaluation, an evaluation done in group setting with Peer students, and an evaluation made by the leaders teaching in the program and members of the EEB, the Educational and Ethical Board.

- 1st year evaluation is an introduction of the evaluation tool, in which Gestalt methodology and principles are integrated.
- 2nd year evaluation is determining whether the student immediately can proceed on the second part of the training program and on which terms (making personal contract)
- 3rd year evaluation leads to further specification of the personal contract.
- 4th year evaluation is the final evaluation.

In connection to the evaluation processes at the end of 2nd year, 3rd year and 4th year GIS has developed specific systems for evaluation and feedback to ensure each student and becoming therapist the ethical awareness of therapeutic and personal strengths and weaknesses (areas of further professional development and personal and relational growth). These processes also insures student feedback to and dialogue with the GIS -administration and -Leadership team.

§ 14: Structure and Contents

The training program is experiential, theoretical, and practical. The study program is divided into 2 parts. 1st part of $2-2\frac{1}{2}$ years and a 2nd part of 2 years with duration of $4\frac{1}{2}$ years altogether including a $\frac{1}{2}$ year of pre-training. The student concludes each year by an evaluation, an oral examination, and a written work.

The Program Includes:

Intensive personal development work in theory and in practice, integrating Gestalt Theory, principles, and methodology.

Experience and training in working with the client's change process in the mental health area Personal and professional leadership training.

Specialization within Clinical Psychotherapy 3rd and 4th year.

Specialization within Organizational Consulting and Counselling, 3rd and 4th year

Direct and indirect supervision.

Theoretical and practical experience with most significant other psychotherapeutic theories and methodologies.

Clinical work with individual clients and with groups under intensive direct and indirect supervision.

GIS Pre-training

GIS-International Pretraining is for applicants, who do not have sufficient experience or knowledge of Gestalt therapy. During the intake procedure and process, personal merit is considered.

Purpose and goal: To provide the students with the basic knowledge of Gestalt. To give the client/potential student awareness and personal insight of how Gestalt methodology and therapy works. Total of 120 hours of 60 minutes. To assess and evaluate the student's background: Education, experience, other training, own therapy, existential readiness to start/continue the demanding GIS training program.



Training Courses/Intensive Residential Seminars

The first 2 years of the training program consist of 10 full-day seminars of 6-7 days. The students work with their personal and professional development under therapeutic, psychological, and pedagogical guidance. Seminars 1-3 mainly have a personal development focus. Seminars 4-6 mainly have a relational focus. Seminars 7-10 mainly have a focus on group therapy and leadership issues.

During the last 2 years the focus is on direct and indirect supervision and on individual specialization in the therapeutic and the organizational area. The student connects to the same international peer-group through the training.

1st part

In the 1st part of the training program the emphasis is on personal development work, relational work, leadership, and Gestalt theory and methodology.

The members within a training group do not develop at the same speed. Nevertheless, the standard process is described as the structural overview of the training program as a following page shows.

During 1st and 2ndyear the student takes part in an evaluation process before applying and entering the second part of the Training Program. The specific criteria's for entering the 3rd year program are dealt with and agreed upon (Professional background, personal readiness, clinical experience, sufficient knowledge of psychopathology and developmental and clinical psychology).

2nd part

In the 2nd part of the training program the focus is on leadership, on group and individual supervision, and on theory both in group work and in individual work.

Each student learns from individual direct and indirect supervision. The purpose is that the student maximizes his/her personal leadership skills: integration of personality, therapeutic practice, theory, and ethics.

During 3rd and 4th year the student will work with the following subjects:

- Clinical psychotherapy
 - Couple therapy
 - o Family therapy, Children, Adolescents
- Organizational consultancy
 - Counselling
 - Coaching. Individuals and teams
 - Conflict resolution

First Year. Seminar 1-5

Purpose and goal: To provide the students with basic knowledge about Gestalt principles, - methodology and therapeutic practice – the philosophical, theoretical and therapeutic directions that has influenced Gestalt. To put emphasis on the student's personal development and emerging integration.

- Intensive personal development
- Basic notions and theory of Gestalt
- Gestalt therapy's history, development and usefulness in society
- Developmental psychology and personality formation
- Individual therapy and self-reflection
- Oral examination in Gestalt principles and methodology
- Written work: Auto biography describing own personal development and connecting to Gestalt terminology and methodology
- Evaluation process where the evaluation tools are introduced and integrated



Second Year. Seminar 6-10 + Supervision option 1 - 2.

Purpose and goal:

To continue personal development with increasing integration.

To deepen knowledge about the fundamental psychological and therapeutic theories and methods of Gestalt and to provide knowledge about the roots of Gestalt (Existentialism (Kirkegaard, Yalom, Spinelli), Gestalt Psychology, Psychodrama (Moreno), Psychoanalysis (Freud) Body oriented therapy (Reich and Lowen) and Zen.

To integrate ethics in the work with Gestalt methods, principles, and techniques.

To understand and integrate how the emotional Gestalt approach and methodology connects to existential Doing and Being.

- Continued personal development with emphasis on relational work starting with the group process and group dynamics.
- Deepened work with communication skills and conflict resolution (encounter)
- Training in basic skills (<u>Person-Therapist-Observer</u> work)
- Integrate understanding of and skills in working with the basic theories, concepts and methods in Bioenergetics, Psychodrama, Existentialism, Psychoanalysis, Zen etc.
- Oral examination in the fundamental psychotherapeutic theories and how they connect to Gestalt theory, approach, and practice.
- Basic knowledge about other psychotherapeutic methods and their connection to Gestalt therapy
- Written work about how one of the fundamental psychotherapeutic theories and how it has influenced Gestalt theory, approach, and practice.
- Evaluation process where the student's readiness personally, relationally, and professionally is assessed. The process determines whether the student is accepted to the third year of training or is recommended another second year.

Third Year. Seminar 11 - 15 + Supervision Option 3 - 4.

Purpose and goal:

To get maximum focus on the role as a therapist and emphasis on the relational area. Training of personal leadership.

Training of own therapist role in clinical individual therapy through work in therapeutic practice. under direct and indirect supervision. Starting training of own therapist role in group therapy.

Acquiring theoretical and practical knowledge about Mental illness and Diagnostic systems, and personal integration.

Getting deep understanding and integration of own parallel process, transference, counter transference, ethics, and boundaries.

Understanding and integration of Field theory and Phenomenology in theory and in practice.

- Focus on individual therapy and relational processes.
- Direct and indirect supervision techniques
- Methods and techniques of Gestalt their strengths and weaknesses
- Understanding the international and the national diagnostic terminologies in the Mental Health area and how they relate to Gestalt practice in theory and practice.
- Improve the ability in assessing the therapeutic process between client and therapist.
- How to interact and cooperate with other professionals in the mental health area
- Ethics, boundaries, and norms of the therapist



- How to integrate research into practice and final work in training
- Training of skills in clinical therapy under supervision, individually and in groups Assistantship/supervised leadership in the other students' P-T-O groups
- Oral examination in Gestalt theory and clinical methodology
- Written work describing an area of Gestalt theory and applied clinical methodology.
- Evaluation introducing the end-evaluation process in connection to the student's professional capabilities in the clinical and mental health field.

Fourth Year. Seminar 16 – 19 + Supervision Option 5 – 6.

Purpose and goal:

That the student gets psychotherapeutic skills through work in therapeutic practice and in getting personal, professional supervision and integration of theory, practice and psychotherapeutic ethics.

Specialization and preparation of thesis that is presented and published at the end of the training. Final examination. Finishing-up evaluation where strengths, weaknesses, continued personal and professional areas of development and boundaries are defined and integrated.

Continued focus on deep understanding and integration of own parallel process, transference, counter transference, ethics and boundaries.

- Strong emphasis on group therapy and group processes in systems (couples/families)
- Understanding the cultural and social conditions for clients, families and other systems
- Direct and indirect supervision techniques
- The strengths and weaknesses of Gestalt therapy
- The strengths and weaknesses of the therapist
- Ethics, boundaries and norms
- Training of skills in clinical therapy under supervision, individually and in groups
- Assistantship with and supervision from senior leaders
- · How to interact and cooperate with other professionals in the mental health area
- Supervision in how to build own practice: Legal, professional, supervision, journaling and ethics.
- Presentation of a written research study and thesis work as a lecture, integrated in supervised practice and in the final oral examination and evaluation.
- Oral examination where the student demonstrates clinical psychotherapeutic skills in theory and in practice.
- The research written work thesis is anchored in the student's supervised practice with outside clients, describing, discussing, and concluding the chosen subject.
- The student presents the thesis in a lecture given to all students, leaders and invited guests.
- Professional end-evaluation process in connection to the student's professional and personal
 capabilities in the clinical and mental health field. In the evaluation process the student gets
 clarity on the further personal and professional development and ongoing supervision after
 training.

Educational Structure and Form

The Gestalt Training Program is experimental, therapeutic and theoretical. To ensure fulfilling the overall goal the following educational structures and forms are used:

- Lectures where theory and themes are introduced deepened and discussed.
- **Experimental experiments and exercises:** Growth of personal awareness and experience.



- **Personal therapeutic work with clients, and self-reflection,** for personal integration in the Here and Now.
- **Group work** where group dynamics are addressed made aware, understood, and integrated.
- Feedback processes to learn to give and receive valuable information in a dialogue.
- Individual study guidance of the student for inspiration and keeping the student on track.
- Supervision, direct and indirect.

Structure of the Training Program

Pre-training Courses (National)

Before entering the training program, students must have undergone psychotherapy in groups or individually corresponding to a minimum of 120 hours (60 minutes) or likewise. One possibility is the one-year basic training program consisting of 120 hours. Transfer of merit is possible.

International Training Settings

Twice a year, in April and June, all the International GIS-students meet in intensive seminars for international and intercultural exchange and experience.

Supervision and Training Seminars.

These seminars are held with parallel client groups. The students work under direct supervision with outside clients in an intensive development process and -setting.

The aim of the work and structure is "stretching" the student's personal and professional capability and self-understanding. Important issues are therapist boundaries, strengths and weaknesses, "how to treat", "how to teach", working with transference and counter transference (projections), and therapeutic ethics.

Assisting in Therapy Groups (Practical Training and Direct Supervision)

The student gets the opportunity to train his/her leadership role with instruction and under direct supervision. The student participates with increasing responsibility during 1st year, 2nd, 3rd, and 4th year – individually. In the study-guidance dialogue the student's need and actual capability is discussed. The student may be invited to take part in GIS-International's other training activities.

Supervision

Individual Therapy (National)

The one-to-one work (therapist and student). The student works through his/her personality and personal life issues using Gestalt principles and methodology. The goal is that the student gets a profound knowledge, understanding and acceptance of him/herself as a person and as a professional.

Clinical work under supervision

The student is participating in the GIS Individual Supervision Program having outside clients for minimum 100 hours and participating in the GIS group Supervision Program having outside client-groups for minimum 120 hours. Both programs are supervised during 3rd and 4th year.



Individual Supervision (National)

In the individual supervision program, the student is instructed, taught and supervised in one-to-one therapy with clients. The program is organized in groups of 3-4 students under direct and indirect supervision. The focus is on integration of theory and practice, and development of the student's style of leadership and role as a therapist. The student gives 100 individual hours to outside clients and receives 60 hours of supervision. (3rd and 4th year)

Group Supervision (National)

In the group supervision program, the students work with outside client groups learning the dynamics, strengths, weaknesses, possibilities, and limitations of the leadership, experiencing own leadership in small and large groups, in co-operation, etc. The student gives 120 group hours and receives 40 hours of supervision (3rd and 4th year)

Supervision on Voluntary and Professional Work with Clients (National)

Voluntary work with clients in cooperation with an outside social and/or treatment-oriented organization. 180 hours during the last part of 2nd year to the first part of 4th year. Contract that includes supervision is made prior to start between the student, the outside organization and GIS-International. For students already working clinically in the Mental Health Field see to getting relevant professional supervision on their clinical work.

Theory Seminars

Theory seminars are either recommended (outside the institute) or arranged (by GIS) in various subjects within Gestalt therapy in theory and practice, developmental psychology, clinical psychology, psychopathology, psychoanalytic theory and practice, existentialism, psychodrama, body therapy, and system and leadership development.

Theory, Study and Personal Reflection

During the training program, a catalogue of examination requirement books and articles is recommended or handed out to the participants. Through the Training Program approximately 6000 pages are read and discussed.

A library is established and situated at the GIS-International Training Centre at Orø in Denmark.

Special Theory Studies

Student, who are not having basic knowledge in development psychology, in clinical Psychology and in Psychopathology are obliged to enrol into these three subjects during the first two years of training. GIS recommends Open University studies. Merit for students having fulfilled similar studies is possible.

National Study Groups, P-T-O

Throughout the time of study, the students work in organized study-, development-, and training-subgroups, where P-T-O work practice take place: Person (client), Therapist, and Observer. In the study groups, the curriculum of approximately 6000 pages is discussed. (300 hours/400 Study hours).



§ 15: Overview of the Education and Training Program

: ,										
1.Year	November		February		April		June		July	
Intensive seminars	42 hrs		42 hrs		42 hrs		51 hrs		42 hrs	
P-T-O groups, min 45 hrs		15		10		10		10		
Study groups, min 15 hrs		3 3		3		3		3		
Ind therapy, min 20 hrs		××××		××××		××××		×××		×××
Study Guidance, 2 hrs				SG				SG		
Supervision on written work, 2 hrs.				1		1		End of ww		
Oral Exam									OE	
Clinical voluntary work. Merit possible.				Start						
Development Psychology. Merit possible.				Start						
Clinical Psychology. Merit possible.				Continue						
Psychopathology. Merit possible.				Continue						
2. Year	September		November		February		April		June	
Intensive seminars	42 hrs		42 hrs		42 hrs		42 hrs		51 hrs	
Intensive seminars	42 hrs		42 hrs		42 hrs		42 hrs		51 hrs	
P-T-0 groups, min 45 hrs		15		10		10		10		
Study groups, min 15 hrs		3		3		3		3		
Ind therapy, min 20 hrs		× × ×		× × × ×		× × × ×		× × × ×		× × ×
Study Guidance, 2 hrs				SG				SG		
Supervision on written work, 2 hrs.				1		1		End of ww		
Oral Exam									0E	
Evaluation prcess for entering 3rd year.									EVA	
Clinical voluntary work. Merit possible.				Continued						
Development Psychology. Merit possible.				Continued	_					
Clinical Psychology. Merit possible.				Continued	_					
Psychopathology. Merit possible.				Continued	_					



3. Year	September		November		February	_	April		June	
Intensive seminars	42 hrs		42 hrs		42 hrs		42 hrs		51 hrs	
P-T-O groups, min 45 hrs		15		10		10		10		
Study groups, min 15 hrs		3		က		က		8		
Ind therapy, min 10 hrs		×		×		×		×		×
Study Guidance, 2 hrs				SG				SG		
Research Modules 5 x 10 hrs		Start								
-		Start								
Ind. Superv. Progr.: Supervision recieved 30 hrs		Start								
Grp. Superv. Progr: Grp. Therapy given 60 hrs				Start						
Grp. Superv. Progr: Supervision recieved 20 hrs				Start						
Supervision on written work, Researsh step 1, 4 hrs.	is.		1	2		1 End of ww	,	WW		
Oral Exam on Research and client work. PhD examiners.	iners.								OER	
Presentation of final Research work									PRW	
4 5. Year	September		November		February		April		June	
Intensive seminars	42 hrs		42 hrs		42 hrs		42 hrs		51 hrs	
P-T-O groups, min 45 hrs		15		10		10		10		
Study groups, min 15 hrs		3		က		3		3		
Ind therapy, min 10 hrs		×		×		×		×		×
Study Guidance, 2 hrs		SG				SG				
Research Modules 5 x 10 hrs		Continued								
Ind. Superv. Progr: Therapy given 50 hrs		Continued								
Ind. Superv. Progr. Supervision recieved 30 hrs		Continued								
Grp. Superv. Progr. Grp. Therapy given 60 hrs		Continued								
Grp. Superv. Progr: Supervision recieved 20 hrs		Continued								
Written work, Researsh step 2								ww		
Supervision on Written Reseach Thesis, 8 hrs	Start	2		2 2		2 End of ww				
Exam on Research. PhD examiners.									OER	
Oral exam on client work. External PhD examiner.									OEC	
Presentation of final Research work									PRW	



Overview of	all semi	nars and exams/e	evaluations	
First Year				
Seminar 1	Sep.	Establishing the Group	Introduction to the Basics of Gestalt Psychotherapy. Theory of Development	
Seminar 2	Nov.	Gestalt Body Awareness	Gestalt ground Methodology, Gestalt Cyc Contact Styles. Bodywork. Stress	cle and
Seminar 3	Feb	Gestalt dialogic Approach	Existentialism, Overview over the Roots Gestalt. Encounter	of
Seminar 4	April	Group Dynamics & process	Confluence, Patterns of Dependency and co-dependency. Roots of Gestalt. Field theory. Families and couples	Trauma1
Seminar 5	June	Exam & evaluation	Gestalt work with Autobiography. Gestal to own personality and development	t theory

Second Yea	r				
Seminar 6	Sep.	The relational role in dialogue	Psychodrama and creativity in Gestalt. Working with dreams and fantasy		
Seminar 7	Nov.	•	body work. Zen as a root of Gestalt Therapy. a root of Gestalt. Mindfulness and awareness		
Seminar 8	Feb.	Psychopathology	Gestalt methods and Techniques - in clinical and in Developmental work. Gestalt Diagnosis Trauma2		
Seminar 9	April	Gender Issues	The historical development of sexual ethics and norms during the last 5 decades. Sensuality and sexuality, Couple and family.		
Seminar 10	June	Exam & evaluation	Gestalt work with the roots of Gestalt		
Third Year					
Seminar 11	Sep.	The role as a therapist	Understanding the clinical process and ethics		
The GIS Indi	vidual S	Supervision	Focus on the role as therapist, focus on relations,		
Program			transference and countertransference, start to		
			practice individual therapy with clients under direct supervision		
Seminar 12	Nov.	Field theory and p	henomenology in practice		
Research mo	dule 1	Introduction to res	search principles and perspectives		
Seminar 13	Feb.	Gestalt methodolo Therapy and coac	ogy in clinical work - and in Developmental Work. hing		



The GIS interseminars	rnal Gro	oup supervision	Focus on the role as therapist, and focus on leadership, group dynamics and transference and counter transference
Research mo	dule 2	Action research ar	nd research - Methods in practice
Research mo	dule 3	Phenomenology ar	nd First-Person Methods
Seminar 14	April		gy in Clinical Work and in Developmental work. ning in practice. Research module about ets integrated
Seminar 15	June		valuation: Oral examination 1 on Basic Research al and external Examiners. Grade is given.
Fourth year			
Seminar 16	Sep.	Dialogical work - I and Thou	How the therapist/the leader uses herself. Boundaries and ethics
Research mo	dule 4	Introduction to mi	xed Methods and Quantitative Research
Seminar 17	Nov.	and practice. Deep	leader and role model. Deepening Field Theory pening the issues of transference and counter ethic. Working with couple and family systems
Research mo	dule 5	Researching Own	Practice
Seminar 18	Nov April	Transversal Research Seminars during 4th year including seminar 18. The research project and the final thesis	
Seminar 19	April	Therapist in a cross-cultural setting with several nationalities in 5 levels of training. Direct and indirect supervision	
		by senior leaders.	Thematic lectures on Gestalt therapy
Seminar 20	June	Two Exams, final evaluation, and public presentation	 Examination with internal and external Examiners. The subject is Research, Thesis, findings, and self-reflection. Grade is given.
			 Oral examination 2 with internal and external Examiners on therapeutic client work with random client. Demonstrating Craftmanship, skills, and competences in Practice and theory. Grade is given. Evaluation of the student's competences, areas of development, and no-go areas as the platform for certification and development plan. Public presentation of Thesis having open discussions.



§ 16: Rules and Guidelines for Exams

Examination

During the last part of the 1st year the student writes an auto biography including integrating Gestalt methodology and awareness. At the end of 1st year there is an oral examination in the Gestalt methodology and principles related to own development and personal behavioural patterns.

During the last part of the 2nd year the student writes an essay describing one of "the Roots of Gestalt" and how the root has influenced Gestalt therapy and terminology. At the end of 2nd year there is an oral examination in the roots of Gestalt, which means the basic theories for Gestalt: Existentialism, Developmental Psychology, Psychodrama, Gestalt Psychology, Psychoanalysis, Psychoanalytic Theory, Reich: Body Awareness (Therapy), Analytic Psychology, Buddhism, Zen, and Taoism.

During the last part of the 3rd year the student writes about and discusses a chosen theoretical aspect in Gestalt theory and methodology in combination with a client case. At the end of 3rd year, the oral exam is on Gestalt Theory and Methodology.

During the 4th year the student does a Research Project with external clients. See seminar 18.

Rules and Guidelines for exams

The basis for the exam consists of the academic year's learning objectives and the most recently approved curriculum.

It is an individual choice whether the student wants to prepare for the exam. If you choose not to take the exam, the student will be given a certificate stating having participated in the teaching program.

After choosing to go or not go for the exam, the student signs up for the exam.

The prerequisite for nomination for the final exam is that all the previous requirements are approved. The recommendation for the exam also presupposes an absence rate below 15% in each academic year.

The number of hours used in the education appears in the final documents due to the GIS/EAP.

§ 17: Corps of External Examiners

For exams, internal and external examiners affiliated with our corps of examiners are used.

The first year and second-year exam is carried through with internal examiners.

The third- and fourth-year exams are carried through with both internal and external examiners.

The examiners evaluate the exams they have attended after each exam.

The external examiner also advises the EEB on examination form and content and participates in the work on the development of new forms of examination.

Grade (The 7-point grading scale) is given for the written work and for the oral exam in compliance with the learning objectives. Grade is given for each student.

External Examiners (Until 2023)

Karen Dons Blædel, PhD, Gestalt Psychotherapist, (DK), Ivika Pöldsepp, Psychologist, Gestalt Psychotherapist (EE), Karmel Tall, Gestalt Psychotherapist and lecturer in Social Science and Psychology at Tartu University, (EE), Jacob Wiemann, Gestalt Psychotherapist (DK). Olle Eldhammar, Psychiatrist, Gestalt Therapist (SE)

The internal and external examiner ensure:



- that the requirements for the content of the program's exams are in accordance with 1. the GIS Curriculum's learning objectives and other requirements.
- 2. that the exams are conducted in accordance with the applicable guidelines.
- 3. that students receive uniform, fair treatment and that their performance is given a reliable assessment in accordance with the rules governing grading.

The internal and external examiner must:

- 4. act as an external examiner at the exams of the program.
- 5. advise on the form and content of the exam and whether it is in accordance with the learning objectives, the level of competence and the choice of literature.
- 6. contribute to quality assurance and at the end of the exam, give an evaluation about the exam process.
- 7. assist in handling complaints and appeals about exams.

The extent of the GIS Education and Training Program

Total of confrontation/contact hours: 1.108 hours Preparation, i.e. hours 2.216 hours 3.324 hours Total

Teachers, Trainers, Instructors, and Supervisors

Senior Faculty

Guest Faculty: John Ewans Porting Frans Meulmeester Kia Karrebæk, Katrin Rosental, Barbro Hulden, Ivika Pôldsep, Liisa Halonen, Jarkko Rantallen

Charlotte Grandell,

Jette Maja Porting,

Ole Ry

Gitte Brinkman Jill Trenholm, Ph.d

Guest Faculty

Jacob Wiemann Malle Paeva, Karmel Tall

Sue Congram, Phd

Research Faculty:

Karen Dons Blædel, Ph.D, Dr Fergus Anderson, Ph.d Dr Charlotte von Bülow, Ph.d Finn Janning, Ph.d. Dr Jelena Popov, Ph.d.

Pernille Rose, Ph.d.

Søren Willert, Prof. Emeritus

Ulrik H. Rasmussen, Ph.d.

External Examiner: Kirsi Törmi, Ph.D



§ 19 Description of structure, forms of education, and interaction: See seminar descriptions in the Training Curriculum (TC).

§ 22: Further information

Information is available on the GIS-International website: http://gis-international.com And please feel free to contact the office on the mail: gis@gis-international.com and by phone +45 59 47 00 17 or +45 40 70 30 13.

GIS-International publishes and maintains the website with updated information about the training program.

§ 23: Entry into Force and Transitional Rules

The Training Curriculum has been re-certified by DPFO at the start of 2024. Interim arrangements for students starting before 2024 will be implemented.

§ 24: Changes to the Study Regulation

Changes of the Training Curriculum will be discussed and decided upon in the EEB regularly, and will be implemented once a year, first time in October 2024.